

# Reimagining Black Men's Health: Moving from Identifying to Eliminating Men's Health Disparities



**WEDNESDAY,  
JUNE 8, 2011  
12:00 – 1:00 PM (EDT)**

On-site and live webcast

*Public health campaigns, such as "Real Men Wear Gowns" and "Real Men, Real Depression," encourage awareness of medical conditions that affect men. These educational programs and interventions, however, risk oversimplifying factors that determine men's health outcomes.*

This Public Health Grand Rounds will discuss a framework that may be used to refine services and strategies to improve Black men's health and reduce men's health disparities. Dr. Derek Griffith, the keynote speaker, will:

- Examine how cultural expectations of men, particularly Black men, may undermine efforts to eliminate men's health disparities,
- Explore what Black men say affects their health behavior, and
- Offer a stress and coping framework.



Derek Griffith, PhD

Photo courtesy of Shawn Lee

His presentation will be followed by a practice-based perspective by Dr. James Blessman.

**Derek Griffith, PhD**, is the founding director of the Center on Men's Health Disparities and faculty member of the Department of Health Behavior and Health Education at the University of Michigan School of Public Health. Dr. Griffith's research primarily focuses on the health of Black American men. He is also the recipient of NIH and foundation grants to research reducing racial disparities and to promote ethnic diversity in public health training.

**James Blessman, MD, MPH**, is the medical director for the Detroit Department of Health and Wellness Promotion (Detroit DHWP) and assistant professor in the Division of Occupational Medicine, Department of Family Medicine and Public Health Sciences at Wayne State University.

## For further information and registration:

[www.mittrainingcenter.org](http://www.mittrainingcenter.org)

(734) 615-9439  
mphtc@umich.edu

**Or register onsite, on day  
of event.**

**Continuing education credits provided.**

## Onsite Location:

Detroit DHWP, 7th Floor Chapel  
1151 Taylor, Detroit, MI

**Lunch provided  
(11:30am-noon, 7th Floor Chapel)**

Courtesy of Detroit DHWP

## Who should attend on-site or view the live webcast?

Community health and public health workers, including physicians, nurses, health educators and social workers, those in allied health areas and community residents.

## Learning Objectives

- Examine implicit and explicit cultural expectations of men in general and Black men in particular.
- Review local and national research examining key aspects of Black men's health behaviors and health outcomes.
- Explore how race, ethnicity, gender and age intersect to shape chronic life stressors and strains that influence Black men's health behavior and health outcomes.
- Discuss how a stress and coping framework can help researchers and practitioners develop theory driven interventions to improve Black men's health outcomes and eliminate men's health disparities.
- Discuss local initiatives in pursuing Black men's health improvements.

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Wayne State University School of Medicine and City of Detroit, Department of Health and Wellness Promotion. The Wayne State University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The Wayne State University School of Medicine designates this live activity for a maximum of **1.5 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity."